

LWWHC Mental Health Support Team List

Psychology Recovery Coach | Support Coordinator

Gary X



Gary is an AASW accredited Mental Health Social Worker, senior psychology counsellor and senior NDIS support coordinator. He has possessed sophisticated bi-lingual (English and Chinese) counselling and case-management skills and knowledge with excellent communication and collaboration tactics. He has extensive expertise in counselling people with dual diagnosis (intellectual disability and mental health), complex needs, ASD and relationship issues. Gary also has the special interest and expertise in working with young people (including those under Child Safety Order) and people from non-English background (including refugees and asylum seekers).

Gary has been working as a social worker and counsellor with a Master Degree in Queensland Department of Communities, Disability Services and Child Safety, many NGOs in community services, Queensland Transcultural Mental Health Centre, Royal Brisbane and Women's Hospital, International Federation of Social Workers Asian-Pacific Region and his private practice in Australia for over 16 years with prior 7-year working experience in China

Yusi C



Yusi specialises in providing comprehensive social, physical, and emotional support to seniors, young people and individuals with disabilities, fostering independence and personal growth. Her practice prioritises understanding individuals' unique backgrounds, and bring a tailored approach to enhance their quality of life. Her expertise includes assisting clients in developing new skills, exploring interests, and

managing household tasks. Through attentive support and advocacy, to ensure seniors and individuals with disabilities receive the attention and resources they deserve, promoting dignity and autonomy. For neurodiverse children, Yusi offer's personalised care plans, engaging activities, and real-time progress tracking, with a focus on self-regulation. By fostering inclusive environments and organizing enriching experiences, Yusi promotes mental health, wellbeing, and growth.

Chan D

Chan is a diligent and committed mental health professional with a bachelor's degree in human services. He has more than 25 years of experience working in communities, youths, prisons surrounding program management, treatment plans and motivated care for children with behavioural disorder. He aims to continue improving lives of individual in the community.

KATRINA L



Katrina is a qualified social worker dedicated to forming trusting relationships and advocating for the best interest of the clients. Excellent interpersonal skills to work with people from diverse backgrounds, people with psychosocial disability and ASD. Katrina has been working in the NDIS industry for 2.5 years and graduated with a Master of Social work. Katrina is active, social and also soft- spoken and down to earth. Katrina is available for after hours including Saturday and Sunday. Katrina is competent in Cantonese, Mandarin and English.

Mental Health Support Workers

Nick P



Nick is a registered student ACA counselor and an NDIS registered worker who is currently pursuing a Bachelor's degree in psychology. Over the course of six years, he has diligently studied both independently and through various institutions to gain a detailed understanding of modalities used in treating C-PTSD

and complex trauma. Nick is deeply committed to helping individuals uncover their true selves and guiding them towards liberation from restrictive belief systems. His ultimate passion lies in empowering people to lead flourishing lives.

Mike W



Mike is currently a student at the University of Queensland studying an Honours degree in psychological science. He is able to communicate through both English and Chinese and has a background in customer service and hospitality. He is a good listener, is patient and a good team worker, able to help with issues and solve problems.

Karen M

Karen has completed a Certificate IV in Family Youth and Cert III in Age Care and Disability. She has many years and well rounded experience in youth work, personal care, disability support work and AIN.

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