

## LWWHC Mental Health Clinician List

### Mental Health Social Worker/Social Worker

#### Gary X



Gary is an AASW accredited Mental Health Social Worker, senior psychology counsellor and senior NDIS support coordinator. He has possessed sophisticated bilingual (English and Chinese) counselling and case-management skills and knowledge with excellent communication and collaboration tactics. He has extensive expertise in counselling people with dual diagnosis (intellectual disability and mental health), complex needs, ASD and relationship issues. Gary also has the special interest and expertise in working with young people (including those under Child Safety Order) and people from non-English background (including refugees and asylum seekers).

Gary has been working as a social worker and counsellor with a Master Degree in Queensland Department of Communities, Disability Services and Child Safety, many NGOs in community services, Queensland Transcultural Mental Health Centre, Royal Brisbane and Women's Hospital, International Federation of Social Workers Asian-Pacific Region and his private practice in Australia for over 16 years with prior 7-year working experience in China.

#### Nenad B



Nenad, an esteemed rehabilitation counsellor, holds a Master's degree from Griffith University and a Bachelor's degree in clinical social work from the University of Queensland. Accredited in mental health, he specialises in treating a wide range of conditions spanning all age groups. With over two decades of social work experience and 15 years focused on mental health, he utilizes evidence-based therapies to address various issues, including severe Depression, Anxiety, Trauma, OCD, PTSD, Eating Disorders, and more. Nenad's proficiency extends to therapies like CBT, DBT, ACT, SFBT, NT, and NLP. Accredited by AASW, he offers Medicare psychotherapy and counselling and serves NDIS clients. Beyond practice, he's a former athlete and martial arts instructor advocating for mental health, offering multilingual counselling services.

## Phil O



Phil was originally from Papua New Guinea, but a naturalised citizen of Australia. He can speak Pidgin, and understand Maori.

He has worked as a DFV Specialist and mental health clinician at different cities in Australia with MSW (social work), MBA, Bachelor Degree in Human Services, and currently enrolled in MAPP (master's degree in applied positive psychology).

His interests are in mental health and Domestic Family violence perpetrator counselling. His speciality is in providing perspectives, problem solving strategies, and helping clients regulating their emotions better, which is largely influenced by DBT, CBT and Humanism.

## Limcamo O



Limcamo has a great zeal for supporting people to achieve their desired goals. She possesses great communication skills, rapport building, empathy, pleasant personality full of humour and unconditional positive regard.

Limcamo is a graduate with experience working with vulnerable people in communities. She has the knowledge, skills and experience working with people from CALD communities as well. She loves people on grounds of humanity and holds strong ethical values of justice, service and respect for all. She has personal values of selflessness, consistency, respect, humility, honesty, client self-determination in promoting client autonomy. She prides herself as a reliable soul and asset in the field of social work.

### **Yolanda M**



Yolanda has extensive professional experience spanning over 25 years working across both New Zealand and Australia in various roles that include working as a social worker, counsellor, and program facilitator with women, children, and young people, and working over several years as a men's group facilitator in family and domestic violence. Yolanda is a highly experienced professional and she has a particular passion for working with individuals who have experienced significant challenges, and she is dedicated to supporting them in moving towards a life that is fulfilling and meaningful.

### **Tia W**

Graduated from Master of Social Work in QUT, Tia, a female social worker, has years of experience working with clients living with disability and mental ill-health. She can work both in group settings and one-on-one, using different intervention strategies including psycho-social support, counselling, sand therapy and art therapy to support clients to increase their quality of life and achieve their life goals. She works under strength-based and person-centered approach.

Sand therapy often has remarkable result in working with clients who are non-verbal, has traumatic experience or living with disability.

## Yusi C



Yusi specialises in providing comprehensive social, physical, and emotional support to seniors, young people and individuals with disabilities, fostering independence and personal growth. Her practice prioritises understanding individuals' unique backgrounds, and bring a tailored approach to enhance their quality of life. Her expertise includes assisting clients in developing new skills, exploring interests, and managing household tasks. Through attentive support and advocacy, to ensure seniors and individuals with disabilities receive the attention and resources they deserve, promoting dignity and autonomy. For neurodiverse children, Yusi offer's personalised care plans, engaging activities, and real-time progress tracking, with a focus on self-regulation. By fostering inclusive environments and organizing enriching experiences, Yusi promotes mental health, wellbeing, and growth.

## Zoya K



Zoya is an AASW accredited Social Worker who has completed her Masters in Social Work at QUT. She is a dedicated and compassionate individual with working NDIS experience for people with disabilities and families facing diverse challenges. Her expertise encompasses mental health, substance abuse, domestic violence, and housing instability, with a focus on evidence-based intervention strategies to enhance quality of life and achieve desired goals.

Zoya's commitment to diversity, inclusion, well-being, and respect for everyone is evident in her culturally competent practice, which employs a community-based,

person-centred, and strength-based approach. Her passion for advocacy drives her to address and overcome systemic barriers contributing to social injustice. Zoya is dedicated to continuous professional development and places value on humor and positivity in life.

### **Katrina L**



Katrina is a qualified social worker dedicated to forming trusting relationships and advocating for the best interest of the clients. Excellent interpersonal skills to work with people from diverse backgrounds, people with psychosocial disability and ASD. Katrina has been working in the NDIS industry for 2.5 years and graduated with a Master of Social work. Katrina is active, social and also soft-spoken and down to earth. Katrina is available for after-hours including Saturday and Sunday. Katrina is competent in Cantonese, Mandarin and English.

### **Anuj P**



Anuj has his degree in Social Work here in Australia and has had a couple of years of practical working experience in disability and age care fields. He can provide social work service in English and Nepali.

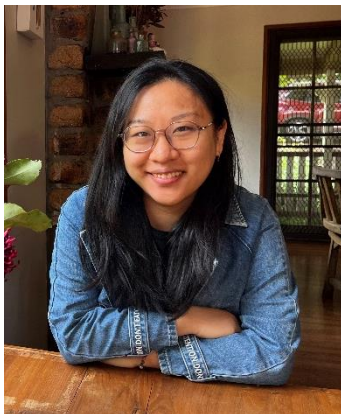


## Agnes S



Agnes graduated from the University of Queensland with a bachelor of Psychological Science (Honours). Her passion lies in making lasting, positive impacts on individuals which enable them to thrive and flourish via evidence-based strategies. She is interested in research, policy and regulation as well as mental health. Agnes is fluent in English and Mandarin.

## Sarah Y



As a dedicated Counsellor and NDIS Support Worker, my career is centred around empowering individuals with disabilities to achieve their fullest potential. With a background in Counselling and extensive experience in mental health support, I specialize in providing compassionate, culturally-sensitive care tailored to each client's unique needs. My expertise includes facilitating personal growth through mindfulness, emotional regulation, and adventure-based mentor programs. I am passionate about fostering resilience, confidence, and independence in my clients, ensuring they have the tools and support needed to navigate life's challenges and enhance their overall well-being.

## Counsellor

### Vinci F

Vinci, an ACA Level 2 registered female counsellor with Master of Counselling, has been working in a number of multicultural and multidisciplinary settings. She is passionate about both short-term approaches and long-term interventions, which aim to create positive lasting changes.

Her special interests are working with clients from a CALD background and children aged 4-12. She uses an adaptable, creative and gentle approach when working with individuals and groups.

## Dietitian

### Macy K



Macy is an Australian Accredited Practising Dietitian (APD) based in Brisbane. She is passionate to support clients to achieve their health goals by providing high-quality health and nutrition counselling. She helps clients to find a "food-life-balance" and to design a care plan that clients feel confident to implement. Macy provides nutrition advice based on scientific evidence. Macy has diverse interests and knowledge in food and nutrition based on her wide exposure to food cultures in the cities she lived in, including Hong Kong, the U.S and Australia. She speaks English, Cantonese, and Mandarin.

## Music Therapist

### Heidi L



Heidi is an Australian Registered Music Therapist with the AMTA. She holds a Master of Music therapy, PG Dip in Music teaching and BSc Psychology and Counselling. Heidi has more than 15 years of experience as a Music teacher and Music Therapist working with children and families that have special needs.

Heidi is passionate about working with children who have different needs.

Heidi's main focus is supporting them in learning important life skills while having fun and feeling successful. Heidi is patient, joyful, caring, creative and she is taking time to get to know each child and developing a trusting relationship for positive personal development.